



Photograph by Mario Testino



**NHR ORGANIC OILS ARE  
CERTIFIED ORGANIC BY THE SOIL  
ASSOCIATION LICENSE NO. H7327**

Certified organic essential oils

Clear glass bottles to see their true colours

\*Country of origin  
\*GLC testing  
\*Extraction method  
\*Part of plant used  
\*Organic certification all provided

100% protected from light by tin (patent applied for) (NB Brown glass bottles only partially protect oils from light!)

# NHR ORGANIC OILS

CERTIFIED ORGANIC AROMATHERAPY

LARGEST RANGE OF SOIL ASSOC. CERTIFIED ORGANIC ESSENTIAL OILS IN THE WORLD

## PRICE LIST 2005 UK

FREE POSTAGE ON ORDERS OVER £100

**NHR SALES TEL. (UK) 0845 310 8066** calls charged at local call rate

Internet: [www.nhrorganicoils.co.uk](http://www.nhrorganicoils.co.uk) \* Order over the internet and receive a free organic orange essential oil (if requested)\*\*\*

ORGANIC SYNERGISTIC MASSAGE OILS 100ML		QTY.	PRICE	TOTAL		
ORGANIC <b>BASE</b>	To blend your own remedies: organic Sunflower, organic Wheatgerm, pure & natural Vitamin E		£8.75			
ORGANIC <b>SAMADHI</b>	Relaxing. This blend is deeply soothing - Aids a restful night. Our most popular blend.		£11.75			
ORGANIC <b>ELIXIR</b>	For everyday aches & tension - Clears the head.		£11.75			
ORGANIC <b>QUARTZ</b>	Invigorating. For a stimulating and recharging experience - Will boost your energy.		£11.75			
ORGANIC <b>SENSUAL</b>	Exotic. A unique exotic blend, giving a luxurious and sensual experience.		£11.75			
ORGANIC <b>VITALITY</b>	A powerful antibacterial and antiviral action.		£11.75			
ORGANIC <b>FEMININE</b>	For women. Deeply nourishing and soothing, nature's balancer.		£11.75			
ORGANIC FLORAL WATERS 100ML						
ORGANIC <b>ROSE</b>	Deep, rosy aroma. This luxurious floral water is deeply refreshing.		£10.75			
ORGANIC <b>GERANIUM</b>	Beautiful, sweet, floral aroma. Soothes and balances the emotions.		£9.75			
ORGANIC <b>TEA TREE</b>	A Fresh, camphorous spicy aroma. Antiseptic.		£9.75			
ORGANIC <b>NEROLI</b>	Exotic light and delicate aroma. A reviving floral water.		£10.75			
ORGANIC <b>FRENCH LAVENDER</b>	Refreshing, reviving and deeply relaxing.		£10.75			
ORGANIC <b>ORANGE &amp; BERGAMOT</b>	A zesty, refreshing & stimulating floral water.		£9.75			
OPTIONAL <b>ATOMISER SPRAY</b>	To give a fine mist spray to the Floral waters - also economical		£1.25			
*UNTREATED ABSOLUTE OILS		SIZE	PRINCIPAL CONSTITUENTS	ORIGIN		
*Untreated* <b>JASMINE ABSOLUTE</b>	Jasminum officinale	2.5ml	Linalol, Benzyl acetate, Benzylbonzoate	India		£19.90
*Untreated* <b>NEROLI ABSOLUTE</b>	Citrus aurantium var. amara	2.5ml	Linalol, Linalyacetate, Limonene	Tunisia		£15.85
*Untreated* <b>ROSE ABSOLUTE</b>	Rosa centifolia	2.5ml	Citronellol, Geraniol, Nerol	Morocco		£15.10
ORGANIC ROSE AND NEROLI ESSENTIAL OIL BLENDS (See NHR's Organic Rose and Neroli essential oils overleaf)						
ORGANIC <b>NEROLI ESSENTIAL OIL BLEND 5%</b>	Citrus aurantium	10ml	Linalol, Linalyacetate, limonene	Tunisia		£8.90
ORGANIC <b>ROSE ESSENTIAL OIL BLEND 5%</b>	Rosa damascena	10ml	Citronellol, Geraniol, nerol	Iran		£11.15
*Untreated* <b>JASMINE ABSOLUTE BLEND 5%</b>	Jasminum officinale	10ml	Linalol, Benzyl acetate, benzylbonzoate	India		£9.95

\* Note for absolutes ONLY: Untreated means grown without any fertilisers or pesticides but not certified organic. As yet no reliable source for organic absolutes exists. Please enquire about our organic Rose and Neroli essential oils (on next page), often preferred to absolutes due to the purer extraction method.

**SOIL ASSOCIATION CERTIFIED ORGANIC ESSENTIAL OILS FROM NHR ORGANIC OILS - SIMPLY THE PUREST QUALITY IN THE WORLD**

ORGANIC OIL	LATIN NAME	SIZE	PRINCIPAL CONSTITUENTS	ORIGIN	Quantity	PRICE	TOTAL
ORGANIC ANGELICA ROOT	Angelica archangelica	2.5ml	Phellandrene, pinene, limonene, linalol	France		£16.20	
ORGANIC BASIL Exotic	Ocimum basilicum	10ml	Methylchavicol, 1-8-cineole, linol	Madagascar		£8.80	
WILD BENZOIN Absolute	Styrax benzoin	10ml	Benzoic acid, cinnamic acid, vanillin	Indonesia		£9.10	
ORGANIC BERGAMOT	Citrus bergamia	5ml	Timonene, Linalylacetate, Linalol, Y-terpinene	Italy		£8.65	
ORGANIC BREATHE-EASY	For steam inhalations	10ml	Eucalyptus, Lavender, Tea-tree, Rosemary, Peppermint, Thyme	Various countries		£8.80	
ORGANIC CAMOMILE German	Matricaria recutita	2.5ml	Chamazulene, farnesene, bisabolol	England		£11.25	
ORGANIC CAMOMILE Roman	Chamaemelum nobile	2.5ml	Isobutylangelate, isoamylangelate	England		£10.20	
WILD CARROT SEED	Daucus carotta	10ml	Carotol, sabinene, a-pinene, bisabolene	France		£8.95	
ORGANIC CARDAMOM	Elettaria cardamomum	5ml	a-Terpenyl acetate, terpinene, 1,8 cineole	Madagascar		£15.15	
ORGANIC CEDARWOOD	Cedrus atlantica	10ml	Antlantone, himachalene	Morocco		£8.35	
ORGANIC CINNAMON BARK	Cinnamomum verum	5ml	Leaf-eugenol, eugenol acetate, cinnamaldehyde	Madagascar		£14.15	
ORGANIC CITRONELLA	Cymbopogon nardus	10ml	Citronnellal, geraniol, citronellol	Nepal		£8.35	
ORGANIC CLARY SAGE	Salvia sclarea	5ml	Linalol, linalyl acetate, Sclareol	France		£11.30	
ORGANIC CLOVE BUD	Eugenia caryophyllus	10ml	Eugenol, eugenylacetate, B-Caryophyllene	Madagascar		£8.35	
ORGANIC CORIANDER SEED	Coriandrum sativum	5ml	Borneol, linalool, cineole, cymene	France		£11.65	
ORGANIC CYPRESS	Cupressus sempervirens	10ml	∂-Pinene, D-3-Carene	France		£11.00	
ORGANIC EUCALYPTUS Radiata	Eucalyptus radiata	10ml	1-8-Cineol, ∂-terpinol	Australia		£8.45	
ORGANIC EUCALYPTUS Lemon	Eucalyptus citriodora	10ml	Citronnellal, citronellol, isopulegol	Madagascar		£8.50	
ORGANIC EUCALYPTUS Globulus	Eucalyptus globulus	10ml	1-8-Cineol, ∂-Pinene, aromadendrene	Nepal		£8.20	
ORGANIC FENNEL SWEET	Foeniculum vulgare	10ml	Anethole, limonene, phellandrene	France		£13.60	
ORGANIC FIR GRAND	Abies grandis	10ml	Pinene, camphene	France		£10.75	
ORGANIC FIR SILVER	Abies alba	10ml	Limonene, a-pinene, myrcene	France		£10.95	
WILD FRANKINCENSE	Boswellia neglecta	5ml	Alpha-pinene and alpha-thujene, terpinen-4-ol	Somalia		£11.25	
ORGANIC GERANIUM	Pelargonium graveolens (Roseum)	10ml	Isomenthone, Linalol, citronellol, geraniol	South Africa		£11.75	
ORGANIC GINGER	Zingiber officinalis	10ml	Pinene, cineol, eugenol, sesquiterpenes	China		£11.70	
ORGANIC GRAPEFRUIT	Citrus paradisi	10ml	Limonene, Cadinene, Paradisiol, Nerol	Israel		£11.10	
ORGANIC HELICHRYSUM	Helichrysum italicum (Everlasting)	2.5ml	Nerylacetate, y-curcumene, italidiones	England		£11.45	
ORGANIC HYSOP	Hyssopus officinalis	5ml	Isopinocampnone, pinocampnone, pinene	Europe		£8.60	
ORGANIC INULA / Elecampane	Inula graveolens	5ml	Sequesterpine lactones	France		£15.50	
ORGANIC JUNIPER BERRY	Juniperus communis	5ml	∂-Pinene, Myrcene, Sabinene, Terpinene	Herzegovina		£8.90	
ORGANIC LAUREL LEAF/ Bay	Lauris nobilis	10ml	Cineol, pinene, linalool, terpinol acetate	Crete		£11.60	
ORGANIC LAVANDIN GROSSO	Lavandula hybrida	10ml	Linalylacetate, linalol, camphor	France		£8.65	
ORGANIC LAVANDIN SUPER	Lavandula hybrida Briq. super	10ml	Linalylacetate, linalol, camphor	France		£8.50	
ORGANIC LAVENDER	Lavandula angustifolia	10ml	Linalyl acetate, linalol, terpinen-4-ol	Bulgaria		£10.85	
ORGANIC LAVENDER SPIKE	Lavandula spica	10ml	Cineol, camphor, linalol, linalyl acetate	France		£9.10	
ORGANIC LEMON	Citrus limon	10ml	Limonene, b-pinene, y-terpinene	Italy		£8.45	
ORGANIC LEMONGRASS	Cymbopogon citratus	10ml	Citral (Geraniol & Nerol)	Sri Lanka		£8.60	
ORGANIC MANDARIN	Citrus reticulata (Tangerine)	10ml	Limonene, Y-Terpinene	Argentina		£10.90	
WILD MANUKA	Leptospermum scoparium	10ml	Leptospermane, calamene, calamanene	New Zealand		£14.80	
ORGANIC MARJORAM - SPANISH	Thymus mastichina	10ml	Terpinene-4-ol, Y-Terpinene, Linalol	Spain		£10.80	
ORGANIC MELISSA Lemon Balm	Melissa officinalis	2.5ml	Germacrene, geraniol, neral	South Africa		£15.65	
WILD MUGWORT	Artemisa vulgaris	5ml	a-thujone, b-thujone, 1,8-cineole	Morocco		£14.35	
WILD MYRRH	Commiphora myrrha	5ml	∂-elemen, Curzeren, Furanoesmadiene	Oman		£8.35	
ORGANIC MYRTLE	Myrtus communis	5ml	1.8 Cineole, myrtenyl acetate	France		£14.35	
ORGANIC NEROLI Essential oil	Citrus aurantium var. amara	1 ml	Linalol, linaluacetate, Limonene	Tunisia		£12.10	
ORGANIC NIAOULI	Melaleuca quinquenervia	10ml	1-8-Cineole, a-pinene, a-terpinol, limonene	Madagascar		£8.25	
ORGANIC NUTMEG	Myristica fragrans	5ml	a-Pinene, sabinene, myristicin	Sri Lanka		£10.90	
ORGANIC ORANGE	Citrus sinensis	10ml	Limonene, Myrcene	Israel		£8.10	
ORGANIC OREGANO	Origanum vulgare	5ml	Carvacrol, paracymene, terpinene	Morocco		£10.95	
ORGANIC PALMOROSA	Cymbopogon martinii	10ml	Geraniol, farnesol, geranyl acetate	Nepal		£8.60	
ORGANIC PATCHOULI	Pogostemon cablin	10ml	Patchoulol, ∂-Bulnesene, ∂-Gnaiene,	Indonesia		£9.10	
ORGANIC PEPPER BLACK	Piper Nigrum	10ml	Thujene, pinene, camphene and sabinene	Madagascar		£11.75	
ORGANIC PEPPERMINT	Mentha piperita	10ml	Menthol, Menthone, Methyl acetate	England		£8.90	
ORGANIC PETITGRAIN	Citrus aurantium	10ml	Linalyl acetate, geranyl acetate, nerol, linalol	Madagascar		£10.90	
ORGANIC PINE BLACK	Pinus nigra	10ml	a-pinene, B-pinene, limonene	France		£11.10	
ORGANIC RAVENSARA	Ravensara aromatica	10ml	a-pinene, camphene, ∂-pinene, d-3-carene	Madagascar		£11.35	
ORGANIC RAVINTSARA Camphor	Cinnamomum camphora	10ml	1-8-Cineole, ∂-Terpineol, sabinene	Madagascar		£10.80	
ORGANIC ROSE Essential oil	Rosa damascena (Otto)	1 ml	Citronellol, Geraniol, Nerol	Iran		£17.85	
ORGANIC ROSEMARY	Rosmarinus officinalis	10ml	∂-Pinene, 1-8-Cineol, Camphor, ∂-Thujone	Morocco		£8.65	
WILD ROSEWOOD	Aniba Rosaeodora	10ml	Linalol, ∂-Terpineol, Geraniol	Brazil		£10.80	
ORGANIC SAGE	Salvia officinalis	10ml	a-thujone, 1-8-cineole, camphor	Balkans		£8.75	
WILD SANDALWOOD	Santalum spicatum	5ml	∂-∂-Santalols, Santalone	Australia		£14.05	
ORGANIC SAVORY (Mountain)	Satureia montana	5ml	Carvacrol, para-cymene	France		£13.70	
ORGANIC SPEARMINT	Mentha spicata	10ml	Carvone, cineole, limonene	South Africa		£9.05	
ORGANIC SPIKENARD / NARD	Nardostachys jatamansi	10ml	Bornyl acetate, valeranone, jonon	Nepal		£13.75	
ORGANIC TAGETTES	Tagetes minuta	5ml	Tagetones, ocimene, myrcene, linolol	South Africa		£10.90	
ORGANIC TEA TREE	Melaleuca alternifolia	10ml	Terpinene-4-ol, Y-Terpinene, ∂-Terpinene,	Australia		£8.20	
ORGANIC THYME	Thymus vulgaris	10ml	Para-cymene, Thymol, ∂-Terpinene	Morocco		£10.99	
WILD VALERIAN	Valeriana officinalis	5ml	Bornyl acetate, isovalerate, caryophyllene	Nepal		£11.90	
ORGANIC VERBENA	Lippia citriodora	2.5ml	Citral, nerol, geraniol	Spain		£11.30	
ORGANIC VETIVERT / KHUS	Vetiveria zizanioides	5ml	Vetiverol, vitivone, terpenes	Madagascar		£8.75	
WILD WINTERGREEN	Gaultheria procumbens	10ml	Methyl salicylate, gaultherilene	Nepal		£11.30	
ORGANIC YARROW / MILFOIL	Achillea millefolium	2.5ml	Borneol, azulene, pinene	France		£19.10	
ORGANIC YLANG YLANG Complete	Cananga odorata genuina	10ml	Germacrene D, ∂-Farnesene, benzyl benzoate	Madagascar		£10.80	
ORGANIC YLANG YLANG Extra	Cananga odorata genuina	10ml	Germacrene D, ∂-Farnesene, benzyl benzoate	Comores Islands		£9.95	
<b>Also available upon request:-</b>	ORGANIC / WILD: Catnip, Elemi, Lime, Litsea cubeba, Gardenia absolute, Linden, Carnation, Tarragon, Vanilla, Violet Leaf absolute, and many others.						
	New organic oils are being added all the time.						

AROMATHERAPY SHAMPOO 250ML			QUANTITY	PRICE	TOTAL
WITH WITH ORGANIC	<b>TEA TREE</b>	Cleansing, soothing & antiseptic		£8.95	
WITH ORGANIC	<b>CAMOMILE</b>	Gentle and soothing for delicate hair		£8.95	
WITH ORGANIC	<b>ROSE</b>	Soft and nourishing with beautiful aroma		£8.95	
ORGANIC MARIGOLD	<b>CHILDREN'S</b>	Gentle and kind for children, with organic Marigold		£8.95	
WITH ORGANIC	<b>LAVENDER</b>	Invigorating and refreshing		£8.95	
AROMATHERAPY CONDITIONER 250ML					
WITH ORGANIC	<b>TEA TREE</b>	Cleansing and Soothing		£9.95	
WITH ORGANIC	<b>CAMOMILE</b>	Soothing, gentle and moisturising		£9.95	
WITH ORGANIC	<b>ROSE</b>	Soft and nourishing with beautiful aroma		£9.95	
WITH ORGANIC	<b>LAVENDER</b>	Refreshing, pure and soothing		£9.95	
AROMATHERAPY MOISTURISING CREAM 100ML					
WITH ORGANIC	<b>TEA TREE</b>	Moisturising, cleansing & antiseptic		£9.6	
WITH ORGANIC	<b>CAMOMILE</b>	Soothing, gentle and moisturising		£9.65	
WITH ORGANIC	<b>ROSE</b>	Soft, nourishing, beautiful aroma		£9.65	
ORGANIC MARIGOLD	<b>CHILDREN'S</b>	Kind and gentle for all skin types		£9.65	
WITH ORGANIC	<b>LAVENDER</b>	Soothing and moisturising for the skin		£9.65	
AROMATHERAPY SOAP					
WITH <b>TEA TREE</b>		Cleansing, soothing & antiseptic	90g	£3.95	
WITH <b>ROSE</b>		Soft, nourishing with floral aroma	90g	£3.95	
PURE <b>CHILDREN'S</b>		Pure & simple, with marigold extract	90g	£3.95	
WITH <b>LAVENDER</b>		Kind and soothing for the skin	175g	£3.95	
ORGANIC AROMATHERAPY KITS SAVE - 33% COMPARED TO BUYING OILS INDIVIDUALLY					
ORGANIC <b>ESSENTIAL STARTER KIT</b>	All you need to begin using aromatherapy at home.			£43.50	
ORGANIC <b>CHILDREN'S KIT</b>	From antibacterial to soothing and gentle.			£45.95	
ORGANIC <b>HOLIDAY KIT</b>	Helps with travel fatigue to tummy troubles to sunburn.			£45.95	
ORGANIC <b>RELAXATION &amp; EXOTIC KIT</b>	For a luxurious and sensual experience.			£45.95	
ORGANIC <b>EXECUTIVE BOX</b>	Helps one relax and let go, includes a luxury chocolate bar			£47.95	
ORGANIC <b>COMPLETE SET OF OILS</b>	27 Most popular Organic/Wild Essential oils in one box (save 33%)			£175.00	
HANDMADE ORGANIC AROMATHERAPY CHOCOLATES - 70G					
ORGANIC <b>LAVENDER</b>	MILK	◇	PLAIN	◇	£4.95
SPECIAL <b>GOLD, WILD FRANKINCENSE &amp; MYRRH</b>	MILK	◇	PLAIN	◇	£4.95
ORGANIC <b>ORANGE &amp; BERGAMOT</b>	MILK	◇	PLAIN	◇	£4.95
ORGANIC <b>ROSE</b>	MILK	◇	PLAIN	◇	£4.95
ORGANIC BASE OIL FOR PRACTITIONERS (please ask for a quote on larger quantities)					
ORGANIC <b>ALMOND (Sweet) OIL</b>	Prunus amygdalus dulcis		<b>250ml</b>		£15.45
ORGANIC <b>APRICOT KERNEL OIL</b>	Prunus armeniaca		<b>250ml</b>		£14.80
ORGANIC <b>AVOCADO</b>	Persea gratissima		<b>100ml</b>	<b>NEW!</b>	£13.85
ORGANIC <b>BLENDED BASE OIL</b>	Sunflower, Wheatgerm & Vitamin E		<b>500ml</b>		£11.95
ORGANIC <b>BORAGE (Starflower)</b>	Borago officinalis		<b>100ml</b>	<b>NEW!</b>	£16.20
ORGANIC <b>CALENDULA (Marigold)</b>	Calendula officinalis		<b>100ml</b>	<b>NEW!</b>	£14.95
ORGANIC <b>COCONUT</b>	Cocos nucifera		<b>500ml</b>	<b>NEW!</b>	£9.99
ORGANIC <b>COMFREY</b>	Symphytum officinale		<b>100ml</b>	<b>NEW!</b>	£14.65
ORGANIC <b>EVENING PRIMROSE OIL</b>	Oenothera Biennis		<b>100ml</b>		£12.95
ORGANIC <b>GRAPSEED OIL</b>	Vitus Vinifera		<b>250ml</b>		£18.85
PURE & NATURAL <b>GRAPSEED OIL</b>	Vitus Vinifera		<b>500ml</b>		£9.99
ORGANIC <b>HEMP OIL</b>	Cannabis sativa		<b>250ml</b>		£15.35
ORGANIC <b>JOJOBA OIL</b>	Simmondsia chinensis		<b>100ml</b>		£12.80
ORGANIC <b>ROSEHIP</b>	Rosa canina		<b>100ml</b>		£15.65
ORGANIC <b>SAFFLOWER</b>	Carthamus tinctorius		<b>500ml</b>	<b>NEW!</b>	£13.80
ORGANIC <b>SESAME SEED</b>	Sesamum indicum		<b>250ml</b>	<b>NEW!</b>	£14.45
ORGANIC <b>SUNFLOWER OIL</b>	Helianthus annuu		<b>500ml</b>		£9.35
PURE & NATURAL <b>VITAMIN E OIL</b>	Alpha Tocopherol		<b>100ml</b>		£17.70
ORGANIC <b>WHEATGERM OIL</b>	Triticum vulgare		<b>100ml</b>		£14.30
ORGANIC COOKING OILS STARTER SET - ALWAYS KEEP SOME 'FRESH COOKING HERBS' IN A BOTTLE!					
ORGANIC <b>COOKING ESSENTIAL OILS KIT</b>	- With Organic: <b>Rosemary, Basil, Lemon, Ginger and Thyme</b>			£42.50	
PLUS "The Essential Oil Cookbook" by Menkit Prince (The cost of the oils & book if brought separately is £68.60 - save 38% or £26.10 when buying the kit)					
AROMATHERAPY TOOTHPASTE					
<b>TEA TREE TOOTHPASTE</b>	◇	<b>MENTHOL TOOTHPASTE</b>	◇	<b>50ml</b>	£5.95 (EACH)
<b>CHILDREN'S TOOTHPASTE</b>	◇	<b>EUCALYPTUS TOOTHPASTE</b>	◇	<b>50ml</b>	£5.95 (EACH)
AROMATHERAPY SUNTAN LOTION AND AFTERSUN WITH ORGANIC LAVENDER AND CANDLE BURNERS AND OTHER PRODUCTS					
<b>PURE SUN TAN LOTION WITH ORGANIC LAVENDER FACTOR 9</b>			<b>250ml</b>		£12.75
<b>PURE SUN TAN LOTION WITH ORGANIC LAVENDER FACTOR 24</b>			<b>250ml</b>		£12.75
<b>AFTER SUN MOISTURISER WITH ORGANIC LAVENDER &amp; VITAMIN E</b>			<b>100ml</b>		£9.95
<b>OIL CANDLE BURNER</b> - Large One piece design. <b>WINTER WHITE</b> ◇ or <b>MIDNIGHT BLUE</b> ◇					£12.95
<b>MIXING BOTTLE</b> An elegant recycled Italian glass bottle to blend your own remedies in. <b>100ml</b>					£2.25
<b>GIFT VOUCHERS:</b> Available in £5, £10, £25, £50, £100, £250 (Please state the amount and currency required)					

AROMATHERAPY BOOKS	Quantity	PRICE	TOTAL
Essential Health by Kolinka Zinovieff		£5.95	
A-Z of Aromatherapy by Patricia Davis		£13.95	
Subtle Aromatherapy by Patricia Davis		£9.95	
Aromatherapy Massage for Mother and Baby by Allison England		£8.99	
The Encyclopaedia of Essential Oils by Julia Lawless		£12.99	
Tea-tree Oil by Julia Lawless <input type="checkbox"/> Lavender Oil by Julia Lawless <input type="checkbox"/>		£4.99 (EACH)	
Rose Oil by Julia Lawless <input type="checkbox"/> Rosemary Oil by Julia Lawless <input type="checkbox"/>		£4.99 (EACH)	
Fragrant Heavens <input type="checkbox"/> The Fragrant Pharmacy <input type="checkbox"/> Both by V.A Worwood		£10.99 (EACH)	
The Essential Oil Cookbook by Menkit Prince		£19.95	
Colour Scents by Suzy Chiazzari		£11.95	
The Pool of Memory - The Autobiography of an Unwilling Intuitive by Michal Levin		£7.99	
Spiritual Intelligence - Awakening the Power of Your Spirituality and Intuition by Michal Levin		£10.00	

FREE BOOK  
'Essential Health'  
WITH ORDERS OVER £50  
(if requested)



NHR Organic Oils are certified  
by the Soil Association

**FREE POSTAGE AND PACKAGING \* Most orders are dispatched the same day**

\*P+P is free to UK orders over £100 only. For orders under £100, please add a small postage charge of £4.50.  
(most orders arrive in 2 to 3 days)

For UK guaranteed next working day delivery - please place order by 1 pm and add £4.50 to above rates.

Delivery name and address:

Name:..... Date:.....

Address:.....

Postcode:.....

Tel No:..... (in case of queries about order)

Email:..... (in case of queries about order)

**PAYMENT METHODS: by CHEQUE, POSTAL ORDER or CREDIT CARD**

**Cheques:** Please make cheques payable to: **NHR Organic Oils**

**Credit Cards:** I wish to pay by American Express, Visa, Mastercard, Switch, Delta, Solo.

My card number is .....

Expiry date of card ..... Switch Issue No.....Switch start date.....

Cardholder signature .....

Card holder's name and address if different from above:

**ORDERING METHODS AND CONTACT DETAILS:**

**UK 24hr Telephone:** (UK) **0845 310 8066** (charged at local call rate)

**International Tel:** +44 1273 236 524

**USA Toll Free Tel:** 1866 816 0195

**Fax:** (UK) 0845 310 8068

**International Fax:** +44 1273 622 779

**E-mail:** [info@nhrorganicoils.com](mailto:info@nhrorganicoils.com)

**Internet:** [www.nhrorganicoils.co.uk](http://www.nhrorganicoils.co.uk)

**By Post:** Please send to: **NHR Organic Oils**  
**5 College Terrace**  
**Brighton BN2 0EE United kingdom**

**Advice:** Please call the Advice Line on **0845 310 8066**

**Sub-Total:** £

**FREE\*P+P or discount\***  
**(£4.50 for orders under £100)** £

**TOTAL:** £

\* **DISCOUNTS:** If you have been an NHR Organic Oils customer for over one year you are entitled to a 10% discount on all your orders!

**Overseas Customers**

**PAYMENT:** Credit Card or International Money order in Pound Sterling.

**POSTAGE AND PACKAGING:**  
**EEC & EUROPE: Please allow 4-10 days**

Orders up to: £25 = **£9.50**  
£25-£100 = **£18.50** Over £100 = **25.00**

**REST OF THE WORLD: Please allow 5 -20 days**

Orders up to: £25 = **£12.50**  
£25-£100 = **£28.50** Over £100 = **£35.00**

Please ring for cheaper postal quotes if order is lightweight

**Guarantee**

We aim for 100% satisfaction. Products can be returned within 14 days of purchase.

This is in addition to your statutory rights.

**Discounts**

Practitioner, trade and large quantity discounts are available. Please ring for details.

**Prices**

Prices are subject to fluctuation.

**Vat** is not included in the prices

VAT NO. GB 739668278

**5% of taxable profits from every product you buy will be donated to ActionAid\***

\*Via ActionAid Trading and Promotions Ltd, a wholly owned subsidiary of ActionAid. ActionAid is a registered charity no 274467



**Recommend NHR Organic Oils to your friends** and we will send you a free organic essential oil, and give your friend a free organic essential on their first order. The more people who buy organic products the better for your health and the better for the planet's health. \*\*If you have many friends to recommend we are happy to give you a permanent discount on all your orders as a thank you\*\*

**Name:**.....

**Name:**.....

**Address:**.....

**Address:**.....

**Email:**.....

**Email:**.....